PARENT NEWSLETTER

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-BUZZWORTHY-

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JUNE 21 - FIRST DAY OF SUMMER

Summer is a time to relax, take a family vacation, and have fun with our friends. But, the rise in temperature and outdoor time brings new concerns.

SUNBURNS: Use lots of sunscreen. Try different brands with different ingredients. My personal favorite is the zinc oxide type. Find what works best for your child. Some may prefer spray on their body but cream on their face. Don't forget to apply sunscreen before heading outdoors. Re-apply throughout the day.

WATER SAFETY: You should reassess your child's swim abilities before every trip around water. Floatation equipment approved by the US Coastguard is best; your child's life is worth it. Active supervision is always important. Make it a habit to keep a child within arm's reach when playing in or around water.

HYDRATION: Dehydration happens quickly. In the heat, children sometimes have a hard time realizing they are thirsty. Remind them to drink water regularly. Electrolyte filled Gatorade popsicles or getting a personalized new water bottle can also help with keeping a child well-hydrated.

ONTACT INFO-



Bright Beginnings Pre-School 2525 E Villa Maria Rd Bryan, TX 77802 (979) 774-7750 www.mybrightbeginner.com **info@mybrightbeginner.com** -REMINDERS-

PLEASE Make sure everything brought to school is labeled with your child's name.



-EVENTS-

Nat'l Fruit & Veggies Month June 1: MCM Dance starts in Lobby June 3 : National Donut Day June 7:TOT's starts in the Lobby June 8 : World Ocean's Day June 9: BVG Tumbling starts in the lobby June 14 : Flag Day June 17: Donuts with Dad

7-8:30 AM in the Cafe June 19 : Happy Father's Day June 21 : First Day of Summer

REGISTERING FALL CLASSES

PLEASE REFER YOUR FRIENDS & FAMILY